



PROVERBS 16:24
“GRACIOUS WORDS
ARE A HONEYCOMB,
SWEET TO THE SOUL
AND HEALING TO
THE BONES.”

DEVOTION:

Loss has a way of shaking everything we thought we understood. Proverbs gently reminds us that it's okay when understanding fails—because trust doesn't depend on having answers. When grief clouds the road ahead, God invites us to lean not on what makes sense, but on who He is.

Anxiety, sorrow, and unanswered questions can feel heavy on the heart, but Scripture tells us that *kind words* bring light again.

Sometimes those words come through a friend, sometimes through prayer, and sometimes straight from God's Word when we feel most alone.

The Lord is described as a **strong tower**—not distant, not fragile, but a place of safety we can run to when pain overwhelms us. In seasons of loss, healing often comes slowly, like honey soothing a wounded soul. God does not rush grief, and He does not abandon us in it.

If today feels hard, know this: your pain is seen, your tears matter, and God is near—steady, faithful, and strong enough to hold you until hope rises again.

Prayer:

“Lord, I bring You my broken heart. I don't understand this loss, but I choose to trust You. Speak comfort to my soul and surround me with Your peace. Amen.”