



“CREATE IN ME A CLEAN
HEART, O GOD, AND RENEW
A RIGHT SPIRIT WITHIN
ME.” — PSALM 51:10

DEVOTION:

Lent is a sacred season in the Christian calendar—a 40-day journey leading to Easter. It mirrors the 40 days Jesus spent fasting in the wilderness (Matthew 4:1–11). During this time, we are invited to slow down, reflect deeply, and draw nearer to God.

Lent is not merely about giving something up; it is about making room. When we fast from distractions, comforts, or habits, we create space for prayer, repentance, and renewal. It is a season of honesty—where we acknowledge our weaknesses, confess our sins, and trust in God's mercy.

The ashes of Ash Wednesday remind us that life is fragile. Yet, the cross reminds us that grace is stronger than sin. Lent moves us from repentance to hope, from sacrifice to resurrection.

As we walk through Lent, we remember that Jesus willingly walked toward the cross for us. Each prayer, each act of kindness, each sacrifice becomes a step closer to Him.

Prayer

Heavenly Father,
During this Lenten season, search my heart and reveal what separates me from You. Give me courage to repent, strength to surrender, and faith to trust in Your mercy. Help me not only to give something up, but to take You in more deeply. Renew my heart and prepare me to rejoice fully in the hope of Easter. In Jesus' name, Amen.

Lenten Practice for Today

- Spend 10 minutes in silent prayer.
- Read Psalm 51 slowly and reflect on one verse.
- Perform one quiet act of kindness without seeking recognition.