



"JESUS, FULL OF THE HOLY SPIRIT, LEFT THE JORDAN AND WAS LED BY THE SPIRIT INTO THE WILDERNESS, WHERE FOR FORTY DAYS HE WAS TEMPTED."

— GOSPEL OF LUKE 4:1-2

## DEVOTION:

Lent mirrors the forty days Jesus spent in the wilderness. The wilderness is a place of **testing, silence, and transformation**. It is where distractions fade and what truly matters comes into focus.

In our lives, the “wilderness” might look like seasons of uncertainty, struggle, or waiting. These moments can feel uncomfortable, but they are often where God does His deepest work. Just as Jesus relied on Scripture and His relationship with the Father, we are invited during Lent to rely more fully on God.

Fasting, prayer, and reflection are not meant to make us miserable. Instead, they help us **clear away the noise** so we can hear God’s voice more clearly. The wilderness reminds us that we do not live by comfort or convenience alone—we live by the presence and word of God.

Lent teaches us that even in the quiet, difficult places, **God is shaping our hearts and strengthening our faith**.

### Prayer

Father, When I feel like I am in the wilderness, help me trust that You are with me. Strengthen me when I am tempted to give up or turn away from You. Teach me to rely on Your Word and Your presence each day. Use this Lenten season to shape my heart and draw me closer to You. Amen.