



“Gracious words are a honeycomb, sweet to the soul and healing to the bones.”  
— Proverbs 16:24

## **DEVOTION:**

Everyone you meet today is carrying something you cannot see. Some burdens are quiet, hidden behind routine, responsibility, or even a brave face. That’s why even the smallest act—a kind word, a smile, a moment of patience—can matter more than you realize.

You don’t have to fix someone’s life to make a difference. Sometimes, God simply asks you to reflect His kindness in ordinary ways. A smile can soften someone’s hard day. A gentle word can bring comfort where there was stress. Your presence alone can remind someone they are not invisible.

Even when your own day feels heavy, choosing kindness is never wasted. It doesn’t ignore your struggles—it transforms them into something meaningful. God can use your smallest gestures to bring real healing to someone else.

**So today, look for one opportunity—just one—to brighten someone’s moment. You may never fully see the impact, but God does.**

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### **Prayer**

*Lord, help me to be a source of kindness today. Give me eyes to see those who need encouragement and a heart willing to respond. Even in the middle of my own struggles, use my words and actions to bring light, comfort, and a simple smile to someone else. Amen.*