

Acts 17:26

"He made from one blood every nation of men to dwell on the surface of the earth, having determined appointed seasons and the boundaries of their dwellings."



DEVOTION:

Have you ever driven along a winding mountain road and noticed the guardrails along the edge? They're not there to limit your freedom — they're there to **protect your life**. Without them, one distracted moment or wrong turn could send you into danger.

In the same way, **God gives us boundaries** — in relationships, habits, and even our thoughts — not to restrict us, but to protect us. They're like spiritual guardrails, placed by a loving Father who knows where the cliffs are even when we don't.

Sometimes we resist boundaries. We think of them as rules that box us in. But in truth, they're signs of God's care. He knows what can hurt us, what can lead us off course, and He lovingly sets limits to keep us within the path of life.

Think of emotional boundaries — saying no when needed, protecting your peace, honoring your values. Or moral boundaries — choosing honesty, purity, integrity even when the world pulls in the opposite direction. These guardrails aren't always popular, but they are *powerful*.

When we live within the boundaries God sets, we walk in safety, strength, and purpose. But when we ignore them, we risk straying into harm's way. Freedom is not the absence of limits — it's the ability to move confidently within the space God has marked out for our good.

Reflection Questions:

- Where in your life have you felt God prompting you to put up or reinforce a boundary?
- Have you mistaken a protective boundary for a punishment?
- What "guardrails" do you need to thank God for today?

Prayer:

Lord, thank You for the boundaries You lovingly set in my life. Help me to see them not as burdens, but as blessings — guardrails of grace that keep me on the path of life. Teach me to honor the limits You give and to live in the safety of Your wisdom. Amen.